

# YMCA YOUTH DEPARTMENT JUNE 2026 NEWSLETTER



**Liverpool YMCA Youth Centre**  
40 Water Street, Liverpool  
902-530-3352

Open on a walk-in basis during program hours. Youth Centre offer free use of Wi-Fi, computers, board games, video games, pool tables, snacks, laundry facilities, and personal care and resource items..

**Thank you to our funders:**



# June

SUN	MON	TUE	WED	THU	FRI	SAT
	1	Youth Leader Program 2:30 -5:00PM at Liverpool High School <b>There is No "I" in Team</b>	3 Chill Zone 3:00 -6:00PM	4 Food & Fun 3:00 -6:00PM <b>Crispy pork tenderloin with roasted veggies</b>	5 The Spark Program Outdoor Games 3:00 -4:30PM	6
7	8	9 Youth Leader Program 2:30 -5:00PM at liverpool Highschool <b>Team Building: Trust and Building Relationships</b>	10 CLT Chill Zone 1:00 -3:00PM Chill Zone 3:00 -6:00PM	11 Food & Fun 3:00 -6:00PM <b>Mac &amp; cheese + ham</b>	12	13
14	15	16 Youth Leader Program 2:30 -5:00PM at liverpool Highschool <b>Verbal and Nonverbal Communication</b>	17 Chill Zone 3:00 -6:00PM	18 Food & Fun 3:00 -6:00PM <b>maple chicken kebabs and rice</b>	19	20
21	22	23 Youth Leader Program 2:30 -5:00PM <b>Love the Shape You Are</b>	24 Chill Zone 3:00 -6:00PM	25 Food & Fun 3:00 -6:00PM <b>French toast fruit &amp; bacon</b>	26	27 Privateer Days Parade 11am
28	29	30 Youth Leader Program 2:30 -5:00PM <b>Public Speaking</b>				

## Updates, Youth Leader Events, and Monthly Highlights

### Youth Leader Volunteer Event

- Spark Program - June 5  
3:00-4:30PM Outdoor Games taking place at the Thomas H. Raddall Library 54 Harley Umphrey Dr. Hunts Point NS
- Youth leader Program - June 2, 9, 16 will be hosted at Liverpool Regional High School.

### Monthly Highlights

You Shouldn't Miss

- Looking for something to do during a CLT Day? The Liverpool YMCA Youth Centre opens early on CLT Days. Come join us at 1pm at the Liverpool YMCA Youth Centre for our CLT Chill Zone on Wed June 10<sup>th</sup>

### Youth Centre Program Descriptions

For information on Youth Centre programs, please contact Serena Meaney, Assistant Youth Director, [serena.meaney@ns.ymca.ca](mailto:serena.meaney@ns.ymca.ca) or call 902-298-5512.

#### Liverpool YMCA Youth Centre

Program	Description	Ages	Time	Location
<b>Youth Leader Program</b>	Participate in leadership training through skill development sessions, teamwork activities, and volunteering in the local community.	12 – 18 years	Tuesdays 2:30-5:00 PM	40 Water St.
<b>Chill Zone</b>	Chill and enjoy everything the youth centre has to offer!	12 – 26 years	Wednesdays 3:00-6:00 PM	40 Water St.
<b>Food &amp; Fun</b>	Enjoy a hot meal, hang out with friends, and relax in a welcoming space.	12 – 26 years	Thursdays 3:00-6:00 PM	40 Water St.

#### Youth Outreach Program

**Description:** This program offers community-based support for vulnerable youth, with a focus on helping young people meet their social, economic, health, and educational goals. Our staff can travel to meet youth where they are and offer one-on-one support that is tailored to each youth's needs.

<b>Eligibility</b>	Youth ages 12 to 26 in Lunenburg or Queens County
<b>How to refer</b>	Youth 16+ can self-refer. Youth under 16 must be referred by a social worker.
<b>Contact</b>	To make a referral, contact Kim Whitman-Mansfield – <a href="mailto:kim.whitman-mansfield@ns.ymca.ca">kim.whitman-mansfield@ns.ymca.ca</a> / 902-212-1179

#### Youth Educational Support Program

**Description:** This program aims to provide equity-deserving students with wrap-around support to help them navigate learning barriers and improve their educational success. Our staff can offer regular one-on-one check-ins, mentorship, life skills workshops, resources for emotional wellbeing, and support with accessing community-based services.

<b>Eligibility</b>	Students in Grades 11, 12, or first year of post-secondary, in Lunenburg or Queens County
<b>How to refer</b>	Youth can self-refer or be referred by a service provider.
<b>Referral</b>	Emily Irvine – <a href="mailto:emily.irvine@ns.ymca.ca">emily.irvine@ns.ymca.ca</a> / 902-298-2738 James Buteau – <a href="mailto:james.buteau@ns.ymca.ca">james.buteau@ns.ymca.ca</a> / 902-298-3925