

GET MOVING!

Community Bike Loan Program

➔ Who can borrow a bike?

Everyone and anyone can borrow a bike, we only require government issued photo ID and adult accompaniment for those under 16 years of age.

➔ How long can I keep a bike?

Bikes can be signed out for 2 hrs at a time, and are due back no later than 30 minutes before the centre closes.

➔ What if I don't have a helmet?

The bikes will be loaned with a helmet and lock. If borrowers have their own helmet, they can bring that and show the LCLC staff.

➔ Where can I borrow a bike?

The bikes are available in Bridgewater at the Lunenburg County Lifestyle Centre.

➔ What if I'm visiting?

Visitors are able and encouraged to borrow bikes as well as residents.



WHY ARE WE LOANING BIKES?

The Community Bike Loan Program is a partnership between the YMCA of Southwest Nova Scotia, Lunenburg County Lifestyle Centre and Town of Bridgewater Community Development Department-Recreation. Funding for this project comes from a Nova Scotia Public Health Agency of Canada and HPS Uplift Student Action Grant; Town of Bridgewater, 100 Bluesosers Who Care, Municipality of the District of Lunenburg, The Evans Family Foundation, and Castle Building Centre as well as generous private donations.

The project is designed to promote alternate methods of transportation, to highlight the many trail systems within the County, and to get people moving. By providing free access to recreational bicycles to those who may not own a bike, or who just need easy access to a bike, or who want to explore the area by bike, this project strives to promote cycling, help borrowers develop skills, and become more familiar with cycling in their community.

The Town of Bridgewater has several Bike Fix It Stations has several located on the surrounding trails. These stations allow cyclists to fill their tires with air and do quick tune up with the tools provided should they need to after departure.



Rail to Trail Routes will be provided so bikers can plan their trip.

Did you know there are 110 kilometres of abandoned rail line in the Municipality of the District of Lunenburg?



You can access some of these trails right at the Lunenburg County Lifestyle Centre:

Adventure Trail - 15 km from Mahone Bay to Bridgewater
LaHave River Trail - 15 km completed, 6 km to go! Sections are still under development (no through connection) Town of Bridgewater to New Germany
Bull Run Trail - 27 km from Bridgewater to the Region of Queens.



This initiative wouldn't be possible without our many amazing sponsors:

Financial contribution from



Public Health
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The Evans Family Foundation



Other trails in the Municipality include:

Bay to Bay Trail Association - 10 km between the Towns of Mahone Bay and Lunenburg – 1 km between Sawpit Road and Garden Lots.
Dynamite Trail – 10 km from Martin's River to the Town of Mahone Bay.
South Shore Annapolis Valley Recreational Trail – approximately 35 km within the District – 125 km overall.
Gold Mines Trail - This 18 km shared-use trail runs along the former rail line from Colpton to Caledonia. Along the route you will see farms, marshlands, rivers and picturesque bridges.

